





Don't be a Soft-Shelled Turtle!



ALIEN

Living in a Chaotic World

1 PETER

Submit to Elders?!

“If submission to elders were the only guiding principle, there would never have been a Protestant Reformation!”

Scot McKnight, The NIV Application Commentary: 1 Peter



Submitting to Leaders

“Have confidence in your leaders and submit to their authority, because they keep watch over you as those who must give an account. Do this so that their work will be a joy, not a burden, for that would be of no benefit to you.”

Hebrews 13:17



“Clothe Yourselves”

ἐγκομβόομαι

Enkouboomai

“to tie or put something on oneself”

“The word was also used of a slave who tied on an apron; then the idea may be that of wearing humility as a slave’s apron.”

Cleon Rogers Jr & Cleon Rogers III, The New Linguistic and Exegetical Key to the Greek NT

Submitting to Elders

“The call for elders and the younger to mutual submission surely is a call to the whole community to submit and defer to one another in all humility. This changes altogether the character of the hierarchical relationships, though it does not obliterate the hierarchy altogether.”

Ben Witherington, Letters and Homilies for Hellenized Christians: Vol. II





1. Don't be a Soft-Shelled Turtle!
Put on the apron of humility!



God
ANTITASSO's
the proud...

“Cast”

ἐπίριπτω

Epiripto

“to put on; hurl; to place or put something on something else with great energy; conceived of as throwing on forcefully.”

Logos Bible Software



“Worry”

μέριμνα

Merimna

“A burden, load of trouble that comes from our lot in life.”

New Linguistic and Exegetical Key to the Greek NT

“The attempt to secure one’s material existence. The root word refers to that which monopolizes the heart’s concern.”

Exegetical Dictionary of the NT

Physical Signs of Anxiety

- Muscle tension
- Difficulty relaxing
- Holding of bladder or bowels
- Physical pain
- Headaches
- Stomach aches
- Red face in social situations
- Hives or skin conditions (unexplained)
- Hair loss (unexplained)
- Excessive sweating
- Frequent urination
- Hyperactive behavior
- Sleep problems





Do They Look Worried?



Be Alert! Be
Awake!



“A prowling lion attacks suddenly, viciously, and often when its unsuspecting victim is engaged in routine activities.”

Wayne Grudem, 1 Peter

The Reality of Satan: Balance

“Though some Christians are a bit neurotic about the real presence of Satan and demonic forces in the normal struggles of life (like flat tires, long red lights, and bad prices at the supermarket), an overreaction that totally eliminates him from our lives is just as bad.”

Scot McKnight, The NIV Application Commentary: 1 Peter



Be Alert! Be Watchful!

“Then he returned to his disciples and found them sleeping. “Couldn’t you men keep watch with me for one hour?” he asked Peter. “Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak.”

Matthew 26:40-41



Standing Firm in Faith

“Finally, be strong in the Lord and in his mighty power. Put on the full armor of God, so that you can take your stand against the devil’s schemes.”

Ephesians 6:10-11



Helmet of Salvation

(Ephesians 6:17)

Breastplate of Righteousness

(Ephesians 6:14)

Belt of Truth

(Ephesians 6:14)

Sword of the Spirit

(Ephesians 6:17)

Shield of Faith

(Ephesians 6:16)

Feet of Peace

(Ephesians 6:15)

**Therefore put on
the full armor of God,
so that when the
day of evil comes,
you may be able
to stand your ground,
and after you have
done everything,
to stand.**



Standing Firm in Faith

Satan's Accusation: "See, you're a hypocrite! Calling yourself a Christian and yet doing that!"

Breastplate of Righteousness: "I've been completely forgiven by God!"

Satan's Doubts: "You can't give ten percent of your income to God! That's crazy!"

Sword of the Spirit: "I do not worry about my life, my food or my clothes for my Father in heaven knows that I need these and will provide them for me."



2. Don't be a Soft-Shelled Turtle!
Put on the armor of God!

The Garment of Praise

“The Spirit of the Sovereign Lord is on me, because the Lord has anointed me to proclaim good news to the poor. He has sent me to bind up the brokenhearted...to bestow on them a crown of beauty instead of ashes, the oil of joy instead of mourning, and a garment of praise instead of a spirit of despair.”

Isaiah 61:1,3



Put on the Garment of Praise

“The account of the martyrdom of Polycarp, in about A.D. 155 at Smyrna, says that he was martyred ‘when Statius was proconsul but when Jesus Christ was reigning forever.’”

Ben Witherington, Letters and Homilies for Hellenized Christians: Vol. 2





3. Don't be a Soft-Shelled Turtle!
Put on the garment of praise!

	Apron of Humility	Armor of God	Garment of Praise
Enemy	Pride	Satan	Suffering
Solution	Cast Cares on God	Stand Firm in Faith	Receive God's Grace
Application	Give Worries to God	Claim Your Spiritual Inheritance	Give God Praise



What burden
are you
carrying?