

## Sermon Study Guide –

### 1 Peter 5:5-11

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Week of July 10, 2022

Title: **“Don’t Be a Soft-Shell Turtle”**

**Sermon Idea:** Don’t be a soft-shelled turtle!

Get your spiritual garb on!

#### Key Points:

Don’t be a soft-shelled turtle! Put on...

1. the apron of humility – cast your cares on God,
2. the armor of God – stand firm in your faith in God,
3. the garment of praise – receive God’s grace.

**What do I want people to know?** I want

people to know that believers will face severe suffering for their faith in the world.

To bear up, they need to be humble by casting their cares on God, resist Satan by standing firm in faith and be strengthened by God’s grace through gratitude and worship.

**What do I want people to do?** I want people

to (1) cast their cares on God, (2) claim their spiritual inheritance, (3) give God praise.

**What need am I addressing?** I am addressing

the need for the church to remain strong in times of great persecution.

**Recommended Resources:** *“Anxious for Nothing,”* Max Lucado; *“Victory in Spiritual Warfare,”* Tony Evans

**Intro:** What burdens are you carrying right now that seem beyond normal concerns? How is this affecting you?

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#### Dig:

**Day 1: 1 Peter 5:5-11** exhorts believers in several ways. List every command in these verses and define what they mean in your own words.

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**Day 2: Hebrews 13:17** gives the church guidelines for relating to elders. What are they? When should we not submit to elders?

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**Day 3: Matthew 26:36-46** recounts Jesus’ temptation in the Garden of Gethsemane. Describe the atmosphere there. What was Peter doing? How did it impact his later actions?

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**Day 4: Ephesians 6:10-20** is the classic “armor of God” passage. List out all the pieces of equipment. What do they mean? How do we put them on?

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**Day 5: Isaiah 61:1-3** describes the restoration of Israel by Messiah. How did Jesus begin accomplishing this when He came? How will He complete this when He returns?

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#### Apply:

- Take time in prayer to offer each burden you’re worried about to the Lord Jesus. Intentionally release these to Him.
- Take the list of the armor of God and put it in your Bible. Each morning, “put on” each piece prayerfully – knowing it’s yours!
- Make it your habit to immediately praise God and give thanks when hard things happen. Not for the hard thing, but that God is in control.

**Pray:** Dear Father God, thank You for giving me the apron of humility, the armor of God, and the garment of praise to put on in this world. May I stand firm in faith by Your grace. Amen!

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